

Helping

AFRICAN
HEALTH AND
HOSPITAL
FOUNDATION



Message from the Founders

Great strides forward have taken place in East Africa, Board Development, and Public Relations:

We wanted to let you know of many new things that have occurred since our last newsletter. In this issue you will read of the status of three shipments of supplies to Tanzania and Rwanda. You will see the hospital that AHHF helped equip in Arusha Tanzania, which was opened by the President of that country in February of this year. Equipment was generously donated for efforts in Rwanda and Murgwanza, Tanzania where Bazi Kanani's father

resides. Friends from BJC Health, Global Health Ministries, TriMedx, the PEACE plan, Partners in Health, Wiggins School District and others made things happen. You can read about new members of our Board of Directors, emerging fundraising efforts with friends of the Foundation and learn about people helping our cause in the trenches (Jan Devine, Brooke James, Leanne Morgan and others).

We address some emerging press concerns about unhelpful aid to 'Africa', and explore how our efforts differ from those that have traditionally fostered dependence and dampened development on the

continent. Most importantly, you can see the wonderful things you have done for African patients where we have focused our humanitarian efforts.

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AFRICAN HEALTH & HOSPITAL FOUNDATION

BJC's 'displaced assets' making a difference

Program dedicated to reusing and recycling medical equipment helps local charities and health care facilities around the world

by Becky Slatin

BJC ■ What happens to hospital beds, CT scanners, incubators, IV poles and all the other equipment or supplies that no longer serve the needs of a hospital or health care facility?



Larry McWhirter

BJC's clinical asset management staff has found a way to reuse and recycle these items through the Asset Displacement Program. Many of these "displaced assets," as they're known, are now helping others within BJC, at local charities, and at clinics and hospitals as far away as Africa, Latvia and Peru.

"Clinical asset management is involved in all capital requests throughout BJC, so we know what's needed and what's being displaced," explains Larry McWhirter, clinical asset management vice president. "This program allows us to help our hospitals and others within BJC. Because of our size and spirit of giving, we're also able to provide a lot of goodwill, both locally and in parts of the world where help is desperately needed."

After evaluating displaced assets, which come into a 20,000-square-foot facility located in the Fenton area, the clinical asset management team determines what to do with the items. This can include reuse at another BJC facility, selling the items through auction, donating them to charity or salvaging an item through recycling when it has no value or is deemed no longer useable, McWhirter says.

In 2008 BJC donated, sold or salvaged more than \$500,000 of displaced equipment, of which 3,675 items were processed. More than 30,000 pounds of recycled items went through "green" salvage efforts — not a local landfill.

One of the many positives of this program is that it helps others, both throughout the St. Louis area and beyond. BJC has donated medical equipment to such organizations as the African Health & Hospital Foundation (AHHF), the Peruvian American Medical Society, the American International Health Alliance, Mission Outreach, Partners in Health, the St. Louis Battered Women's Shelter and the Saint Louis Zoo.

Some local examples include the donation of a Pyxis medication-dispensing machine, which was retrofitted to help the St. Louis Battered Women's Shelter have a safe location to store medications. Whirlpools used for therapy are also being donated to help residents with physical therapy. The Saint Louis Zoo received viewing boxes so that students who visited the zoo could better interpret X-rays of the animals.

"We're able to help a number of organizations in unique ways," McWhirter says. "We also are fulfilling needs in some very underserved places in the world by helping clinics as well as full-size hospitals. I had no idea what people have to go through to get a minimum amount of health care in other parts of the world until we all became involved in this effort."

McWhirter credits BJC's contributions to people like Paul McKee Jr., BJC board member; Steve Lipstein, BJC president and CEO; and Andrew Ziskind, MD, Barnes-Jewish Hospital president, as well as a number of physicians and other clinicians who are involved in mission work.

One key benefactor of the program is the AHHF, co-founded locally by Jill DiSalvo Rose and her husband, Jeffrey Rose, MD, who is also the vice president of clinical excellence and informatics for Ascension Health. The AHHF helps impoverished areas of Africa by

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— Larry McWhirter

assessing and partnering with hospitals, corporations and other organizations to provide medical equipment, supplies and related training.

"We have seen our efforts restore health and dignity, help raise families up from the despair of poverty and needless death, assist entire countries in the development of healing infrastructure to provide relief and to assure growth and the expansion of health resources," says Dr. Rose. "BJC has been our major supplier of used but functional equipment. When necessary, we reach out to other health care institutions, but for the most part, BJC has been paramount in donating useful equipment of varied kinds to communities and hospitals we hand-pick for distribution of supplies."

Thanks to these contributions, the AHHF says thousands of children — many orphans — receive treatment for diseases and now have access to basic care they need in refurbished and growing medical facilities in east Africa.

AHHF documents the receipt of supplies and photographs the process, and also visits the locations to ensure the equipment is in the right hands and being used in the right way, says Dr. Rose. But the needs are by no means fully met and the conditions can always be improved. To learn more about the AHHF and its work, visit www.AHHF.org.

"BJC is one of our most valued partners. If your employees could realize the impact they are making through the asset management program, they would be very touched and proud," Dr. Rose says. ■

Becky Slatin, bslatin@bjc.org



Hospitals in Africa typically have to use out-of-date equipment, like this foot-pump suction for surgery, because it's all they have. Donations from organizations like BJC to the African Health & Hospital Foundation help them provide better quality care for their patients. | Photo courtesy of The African Health & Hospital Foundation



Hospital equipment is evaluated by clinical asset management staff and stored before shipment to BJC facilities, local charities, or hospitals and clinics around the world. The items pictured here will help set up a perinatal center at a hospital in Africa. | Photo by Becky Slatin



The new Arusha Lutheran Medical Center, part of the Selian Lutheran Hospital System in Tanzania, opened in February of 2009. Through the work of AHHF and generous donations from many, the transformation from the old conditions (above) to the new hospital (above, right) is obvious!

The New Arusha Lutheran Medical Center (ALMC)

The equipment, much from BJC HealthCare through AHHF, transforms care delivery options for patients in Tanzania. A CT Scanner donated still needs to be installed, but is in place and will soon be one of only three functional scanners in the entire country.

Dr. Mark Jacobson, Medical Director of the hospital, was joined by the President of Tanzania at the grand opening. We are very proud to have been a large part of equipping the new facility in urban Arusha.

The new ALMC facility, pictured in concrete as it was being constructed on our website, is seen in its finished state below.

If you would like to gather a group to specifically fund the final installation of the CT Scanner at ALMC (below), please let us know, and we will help you get organized.



Special thanks to the Wiggins School District in Colorado. Under Board of Director Bazi Kanani's leadership they raised \$10,000 for a shipment of medical equipment to the Murgwanza Hospital. They also sent books and school supplies to Murgwanza for her father's native village in Tanzania.



Shipment to Rwanda!

The first shipment of medical supplies, provided by BJC HealthCare, is now on its way to Kibuye Hospital in Rwanda. The hospital is a part of the P.E.A.C.E. plan created by Pastor Rick Warren of the Saddleback Church headquartered in Southern California.

Anesthesia machines, beds, incubators blood pressure monitors and many other supplies and devices are now in transit through the BJC warehouse and Global Health Ministries to this hospital in the western province of rural Rwanda.

Sponsorship for PEACE!

AHHF was honored to be a sponsor of the first Annual PEACE Award, which was presented to President Bush on National AIDS Day for his work

combatting infectious diseases in Africa. The presentation at the Newseum in Washington DC to President Bush and his wife, Laura, was a moving experience (below).

Connections!

We have been fortunate to secure the wonderful services of Dr. Robert Brown and his team of eye surgeons, who will be setting up services for at least two sites in Rwanda to perform multiple operations on the cataract blind of the country. Dr. Brown is a humanitarian surgeon who has worked in impoverished nations around the world, and we are most honored to help his these efforts in Rwanda. We have also received inquiries from other likeminded medical professionals, and are finding making these connections extremely satisfying.

Other Activities:

A shipment is being readied for the Rinkwavu Hospital, part of Dr. Paul Farmer's effort in Rwanda. This next container will house equipment for a neonatal ICU under the direction of Dr. Sara Stulac, formerly of Saint Louis.

In addition, 10 new palm-top HP computers were donated to Partners in Health (Dr. Stulac took them back with her after her brief holiday visit to the US) and 25 units were also donated through Global Health Connections International to the Sunrise Schools of Rwanda. Colorado entrepreneur Gaylord Layton, colleagues at Bridge2Rwanda and leader Bishop John Rucyahana were happy recipients of this gift.

We congratulate Dr. Stulac on her adoption of her seventeen year old star student of the Sunrise Schools, Claudine (see note below). Claudine is a survivor of osteosarcoma and her ambition is go to medical school.

We are making connections in East Africa with medical care facilities and volunteer physicians from the US as our efforts grow. We are pleased to be working with Dale Dawson and his colleageues at Bridge2Rwanda in coordinating and informaing efforts to upgrade care facilities at the new Rwanda Medical CenterCenter being established in Kigali.



Dear Jeff + Jill,

Christmas 2008

It was so great to see you while I was in town! I'm so glad we could have dinner together. Thank you so much for the scarves and for the hug for Claudine- she's been sleeping with it every night! Thanks for being so kind to her- she was really happy to meet people who love Rwanda and doing as much as you do. Thank you so much for all of the time and effort you are putting into finding equipment for our hospitals. Thanks especially for the POTS. I'm really excited to get those back to Rwanda.

Lots of love- and come visit Rwanda again soon!

Sara

The Board:

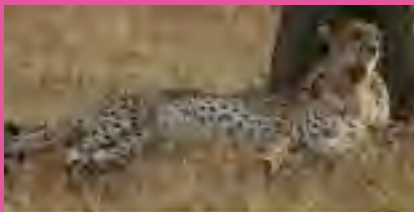
Barbara Bryant, philanthropist, author and humanitarian, with enormous interest in Rwanda, has also joined our growing Board. She was the leading element of our deep and wonderful connections to Rwanda, where her daughter Christina, has been living and working at Rinkwavuu hospital for the last year.

Author, fundraiser and internationally known speaker and consultant, Carol Weisman, along with Mary and Barry Colacurci of UBS and the Nebraska Children and Families Foundation, and John Butler of RubinBrown Accounting will be presented as potential new Board of Directors members at our Summer meeting (hopefully face-to-face!).

We look forward to a year of Board Building, team building, by-law revision and infrastructure for a growing vibrant AHHF. We will also be producing a formal annual report with details on all donations, fund use and planning for the last years.

Teitelbaum Fundraiser

On April 15th, good friends Steve and Marilyn Tietelbaum hosted a cozy fundraising social event for AHHF in Saint Louis. Steve is a world renowned research doctor at Wahington University, and Marilyn a very well known labor attorney here in Saint Louis, and both of them have hearts of gold! We raised nearly \$4,000!



Craig Rose sold two pieces of his digital art to our benefit in Denver, and Grace Pryor dedicated funds from her birthday celebration to the AHHF cause here in Saint Louis.



New Alliances Formed

We have developed a wonderful new alliance with Trimedx Foundation, a biomedical non-profit organization whose primary business is the repair and maintenance of medical equipment at multiple huge health systems in the US. They are helping us check equipment as it is prepared to leave the US for East Africa. We cannot thank them enough for this very valuable and magnanimous support! We also want to recognize Graebel moving and Storage, and Dr. Micheal Stern, both of whom donated time and services and materials to the hospital and transport of materials to Tanzania. It is only with these kind contributions that we can continue the good work we all are doing! Special thanks to Tim Mahoney of Group 681 for his talented graphic design work. We owe similar great gratitude to Eddie Kanani, of TrueReach Design, for his production of a wonderful trifold brochure which will be used for the Tietelbaum fundraiser and made available to you for any event you may wish to sponsor. He also made our new logo!

Bazi Kanani is currently working on a professional grade video introduction to our work and we thank her and all of the board, who in one way or another have made enormous personal contributions to these efforts.

Other People of Importance

We have had the pleasure of meeting Jan Devine and her husband Barry Horn of Saint Louis, who are very interested in supporting our work, and with whom we will be traveling to Rwanda, Tanzania and Kenya in late May/early June to immerse them in the culture and work in Rwanda. We also have great interest from native St. Louisan Brooke James, who is helping us as an intern. Brooke is fresh from two years in the Peace Corps in Africa!

We are grateful for the ongoing support of Rick Warren, Paul Farmer, Ascension Health, BJC HealthCare, and TriMedx Foundation, all of whom dedicated time, effort and resources to the growth, development and success of our work. While some aid to Africa may indeed be questioned as to value, use and impact, we at least know that our efforts are getting to the people in need, fostering health and education, and ultimately promoting independence in the communities we touch. Much must be done, but we retain our focus and scope and continue to change Africa, one community at a time. **Please visit our website (ahhf.org) for new developments.**